



The Lincoln Center for Family and Youth  
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## JOB DESCRIPTION – MOBILE BEHAVIOR HEALTH SPECIALIST

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**Title:** Mobile Behavioral Health Specialist

**FLSA:** Exempt

**Reports To:** Community Counseling Manager

**Summary:** The Mobile Behavioral Health Specialist (MBHS) will work as a member of the community counseling department to provide clinical approaches to families who are at risk due to hoarding behaviors. The specialist will be assessing the needs of the family, while providing evidence-based approaches to improving their environment and removing items from the home. The MBHS will assess the home operating environment, physical living conditions, and household management systems toward determining the type and level of assistance parents need to ensure the safety and well-being of the family.

- Essential Functions & Responsibilities:**
- Screen home environments for such items as: safety, cleanliness & supplies, climate control, functioning utilities, sanitation, availability of transportation, meal planning, food storage, nutrition, personal hygiene, etc.
  - Assist parents in learning how to care for their children, constructively solve problems, and manage their home in a way that better meets their family's needs.
  - Provide mentoring on the following: home management & scheduling, house cleaning, laundry, meal planning & creation, home & child safety, accessing transportation, personal hygiene and more.

- Skills:**
- Excellent communication and documentation skills
  - Proficient Microsoft office, computer and administrative skills
  - Ability to make proper judgements
  - Demonstrated leadership qualities
  - Maintains effective interpersonal relationships with staff, case workers, and contractors

- Work Environment:**
- Home settings.

- Physical Demands:**
- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. While performing the duties of this job, the employee is regularly required to communicate effectively. The employee frequently is required to sit, stand, reach with hands and arms and be able to lift up to 50 pounds.

- Hours of Work:**
- This is a part-time, 10-28 hours per week, position. Flexible hours required. Evening and/or weekend work can be expected.

- Travel:**
- Travel to service sites such as home settings throughout Montgomery County. Use of a reliable car is necessary for travel to service sites.

- Education and Experience:** • Master's degree in Social Work, Psychology or Clinical Mental Health Counseling preferred. Prior experience in Mental Health, with a requirement working with behavioral addictions such as hoarding.
- EEO Statement:** • Our Company is committed to a policy of Equal Employment Opportunity and will not discriminate on any legally recognized basis, including, but not limited to, race, age, color, religion, sex, marital status, national origin, citizenship, ancestry, physical or mental disability, veteran status, or any other basis recognized by federal, state or local law.
- Other Duties:** • Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee for this job. Duties, responsibilities and activities may change at any time with or without notice.