



The Lincoln Center for Family and Youth  
TLC Wellness  
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## JOB DESCRIPTION: Outpatient Mental Health Therapist

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**Title:** Outpatient Mental Health Therapist

**FLSA:** Full Time

**Reports To:** SVP, TLC Wellness

**Organization Summary:** TLC Wellness is an outpatient therapy practice established in December 2023 under the auspices of The Lincoln Center for Family and Youth. We proudly serve individuals of all backgrounds and clinical needs, dedicated to inclusivity and providing a safe haven for our community. Born out of the critical demand for outpatient therapy providers, TLC Wellness aims to foster a supportive environment where therapists have the autonomy to practice their craft with the full support of our organization. If you're passionate about making a difference and want to be part of a team committed to comprehensive therapy solutions we implore you to apply. For more information regarding TLC Wellness visit: [WellWithTLC.com](http://WellWithTLC.com)

**Position Summary:** As an Outpatient Therapist at TLC Wellness, you'll have the opportunity to provide compassionate and effective therapy services to individuals of all ages and backgrounds. In this role, you'll conduct thorough evaluations, develop personalized treatment plans, and implement evidence-based interventions to support our clients' mental health and well-being. With a focus on inclusivity and diversity, you'll create a welcoming and supportive therapeutic environment where every client feels valued and respected. Collaborating with a multidisciplinary team, you'll have the autonomy to execute your therapeutic approach while benefiting from the backing and resources of our organization. If you're passionate about making a difference in people's lives and want to be part of a supportive and dynamic team, we encourage you to apply and join us in our mission to promote mental health wellbeing in our community.

**Duties and Responsibilities:**

- Conduct thorough evaluations and assessments of clients to understand their mental health needs, challenges, and strengths.
- Collaborate with clients to develop personalized treatment plans tailored to their specific goals and circumstances.
- Assess the level of care needs for each client, including determining the appropriate frequency and duration of therapy sessions.
- Demonstrate comfort and proficiency in working with clients of varying ages, backgrounds, cultures, and identities.
- Embrace and honor diversity by recognizing and respecting the unique experiences and perspectives of each client.
- Utilize evidence-based therapeutic approaches and interventions to address clients' concerns effectively.
- Stay informed and up-to-date on the latest research and developments in the field of mental health therapy.
- Maintain accurate and timely documentation of client progress, treatment plans, and interventions.

- Continuously evaluate the effectiveness of interventions and treatment plans, making adjustments as needed to optimize client outcomes.
- Provide psychoeducation and support to clients and their families to enhance understanding and coping skills.
- Uphold ethical standards and confidentiality guidelines in all interactions and communications with clients and colleagues.
- Opportunity for both individual counseling and holding space for groups is available. This can depend on your preference and comfort level.

**Skills and Knowledge:**

- **Counseling Skills:** Ability to provide emotional and practical support and to develop rapport with clients. Utilization of evidenced-based interventions.
- **Communication Skills:** Exceptional verbal and written communication abilities.
- **Analytical Skills:** Capability to assess client needs and create measurable and time based treatment plans.
- **Empathy and Sensitivity:** Capacity to approach clients' struggles with empathy and understanding.
- **Organizational Skills:** Proficiency in managing client data, schedules, and program planning.

**Education and Experience:**

**Requirements:**

- Master's degree in one of the behavioral sciences fields or related from an accredited university
- Candidates must hold clinical licensure through the associated board (LCSW, LPC, LMFT).
- PhD Candidates welcome to apply
- Must be licensed in Pennsylvania (in addition to PA, may be licensed in other states as well as telehealth will be an option).
- Previous experience in therapy settings with knowledge around documentation, assessment, use of behavioral health measures for tracking client progress.
- Candidates with additional certificates encouraged to apply. For example- art therapy, EMDR, DBT, CBT, psychodrama, etc.

**Experience:** Previous experience in the therapy space (can be from an outpatient, community, or medical setting).

**Other Duties:**

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee for this job.

**Hours of Work:**

Full time. Expectation of a minimum of 25 client hours a week. Client hour expectation may depend on funding source (private pay, insurance, etc). Administrative responsibilities can be handled as you see fit within your schedule.

**Work Environment:**

Office/telehealth; flexibility to participate in community outreach and presentations

**Travel:**

TLC Wellness has multiple office locations at this time (Audubon, Radnor, Malvern). Applicant will have flexibility to determine what location would work best for their needs.

What can TLC Wellness offer you?

- Paid time off including holidays and your birthday.
- Non-profit status allows continued participation in Public Service Loan Forgiveness (PSLF) programs.
- Competitive benefits package.
- Flexible scheduling options.
- Multiple locations to choose from.
- The opportunity to be a part of a growing mission and team. In this process you are encouraged to be a visionary with the team.
- Educational benefits for CEU's, training, and education.
- A hugely supportive team that wants to see you succeed and support you in the process.