



THE LINCOLN CENTER

IMPACT REPORT

2022-2023

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LETTER FROM THE PRESIDENT & CEO

As we reflect on the past year, I am filled with gratitude and pride for the remarkable journey we have undertaken together. The dedication, passion, and unwavering commitment of our clients and employees have propelled us to new heights of success. It is with great pleasure that I share with you our latest Impact Report, celebrating the incredible achievements and the positive impact we have made on the lives of many.

In a year filled with new opportunities and growth, we have remained steadfast in providing top-notch education, counseling, coaching, and consulting services that empower individuals and organizations to reach their full potential. Your unwavering support has been the cornerstone of our growth, and we are deeply grateful for the privilege to serve you.

Our employees have been the driving force behind our accomplishments. Their unwavering dedication, creativity, and compassion have been instrumental in making a meaningful difference in the lives of our clients. From the front lines to behind-the-scenes, each team member has played a crucial role in our collective success. Our team's tireless efforts have not gone unnoticed, and we extend our heartfelt appreciation to every member of our organization.

As we look ahead, we are excited about the opportunities that lie on our path. We remain dedicated to our vision to transform lives and communities – one moment, one choice, one connection at a time.

In closing, I extend my heartfelt gratitude to each and every one of you – our clients and our community partners. Together, we have achieved tremendous growth, and together, we will continue to create a better future for all.

Thank you for being an essential part of our journey.

Sincerely,



GT Freeman, PhD

President & CEO





ABOUT TLC

VISION

We aim to **transform lives and communities** – one moment, one choice, one connection at a time.

MISSION

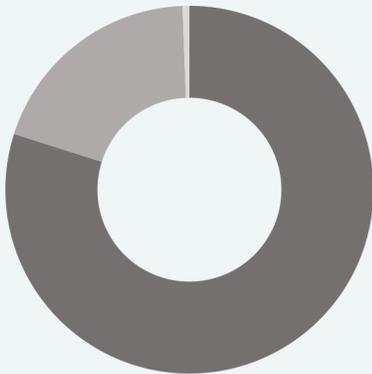
Through education, counseling, coaching, and consulting, we **empower people to make positive choices, meaningful connections, and transformational change.**

THE LINCOLN CENTER (TLC) for Family and Youth is a social enterprise company headquartered in Pennsylvania, and serving the areas of New Jersey, Ohio, and North Carolina. Founded in 1970 by a behavioral health hospital, TLC is an entrepreneurial nonprofit providing innovative education, coaching, and counseling services to individuals and families, as well as grant writing and management services for school districts, hospitals, and universities.



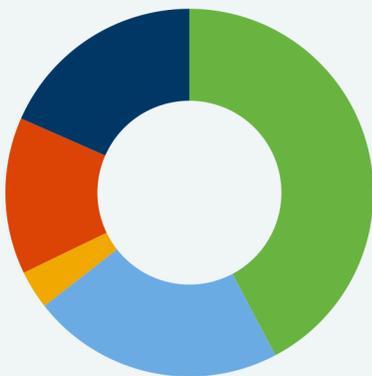
FINANCIAL HIGHLIGHTS

The figures below present a visual representation of the financial activities of The Lincoln Center for the fiscal year ended June 30, 2023.



Program Support

School District Support	\$ 7,669,896	79.9%
Federal, State, & Local Support	\$ 1,876,420	19.5%
Other	\$ 54,133	0.6%
Total Program Support	\$ 9,600,449	



Program Expenses

School-Based Services	\$ 3,888,170	42.3%
TLC Leadership Academy	\$ 2,040,467	22.2%
Community-Based Services	\$ 1,265,849	13.8%
TLC Education Institute	\$ 309,674	3.4%
General & Administrative	\$ 1,691,797	18.4%
Total Program Expenses	\$ 9,195,957	

Program Support & Expenses

	2023	2022
Total Program Support	\$ 9,600,449	\$ 6,694,257
Total Program Expenses	\$ 9,195,957	\$ 6,589,210

SCHOOL-BASED SERVICES

TLC supports students across numerous school districts in the Greater Philadelphia Area by providing mental and behavioral health experts to public schools, charter schools, and more. This team of professionals, including social workers, counselors, coaches, behavior specialists, and school psychologists, offers in-school assistance to students struggling with anxiety, depression, substance abuse, and the impacts of historical or ongoing trauma.



SERVICES PROVIDED

- COLLEGE & CAREER COACHING
- CREATIVE ARTS THERAPY
- LICENSED SOCIAL WORK
- POSITIVE BEHAVIOR COACHING
- REGISTERED BEHAVIOR TECHNICIAN SERVICES
- SCHOOL CLIMATE COACHING
- SCHOOL COUNSELING
- SUBSTANCE ABUSE COUNSELING

14 SCHOOL DISTRICTS SERVED

64 SCHOOLS SERVED

69 TOTAL STAFF

COMMUNITY-BASED SERVICES

Heather's Hope: A Center for Victims of Crime

The Lincoln Center for Family and Youth (TLC) offers free counseling services for people affected by crime. These services are funded by the Victims of Crime Act (VOCA) via the Pennsylvania Commission on Crime and Delinquency (PCCD). Heather's Hope: A Center for Victims of Crime offers mobile counseling, case management, and art therapy services to all ages.



Children and Youth Services

TLC's Children and Youth Services partners with the Montgomery County Office of Children and Youth (OCY) to provide the following services: case management; drug and alcohol; family strengthening; and homemaker and hoarding.

211 CLIENTS SERVED BY HEATHER'S HOPE

141 CLIENTS SERVED BY CHILDREN & YOUTH SERVICES

2,802 TOTAL CHILDREN & YOUTH CONTACT HOURS

Serving
Montgomery
County, PA

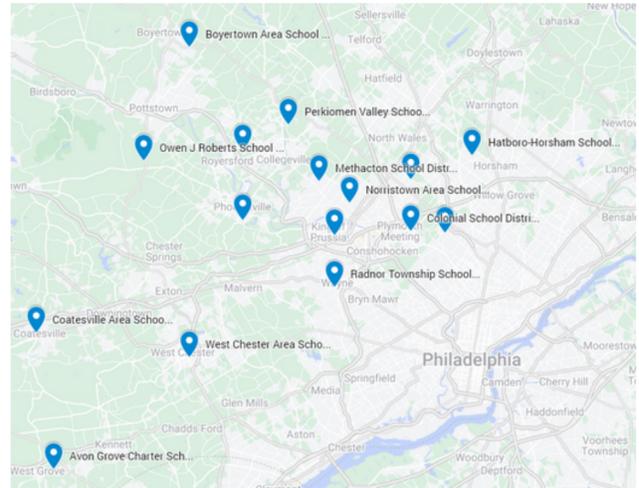


TLC LEADERSHIP ACADEMY

TLC Leadership Academies are licensed and accredited schools serving students in grades 7-12. The schools are licensed by the Pennsylvania Department of Education (PDE) and accredited by the Middle States Association Commission on Elementary and Secondary Schools (MSA-CES).

With a focus on high academic standards in a safe, small school setting, TLC Leadership Academies support every aspect of students' academic and social-emotional learning needs.

Current School Districts



16
SCHOOL DISTRICTS SERVED

109
STUDENTS SERVED

10:1
STUDENT TO STAFF RATIO

\$100,000
IN SCHOLARSHIPS AWARDED THIS YEAR

"Wonderful environment for students that did not do well traditionally in their home district. They pinpoint the skills the students need to learn and facilitates individual growth. As a former administrator, I would have no problem recommending this school to others. I truly believe that not every child is made for every building. This is a great building for students to gain their confidence and feel successful."

- Review from District Partner



TLC EDUCATION INSTITUTE

Delivering in-depth training sessions that explore the effects of trauma on individuals, families, and systems, TLC offers customized training solutions to cater to the specific requirements of your team, organization, educational institution, or company. Our presentations incorporate rigorously reviewed scholarly research and practical applications that directly address the unique needs of your entity.

60

DIRECT TRAINING HOURS

1,150

INDIVIDUALS SERVED

Current Clients

- Caln Township Police Department
- Camden City School District (New Jersey)
- Coatesville Area School District
- Coatesville Police Department
- Durham Public Schools (North Carolina)
- Norristown Area School District
- The Pathway School
- Valley Township Police Department
- West Caln Township Police Department

TRAININGS PROVIDED IN FY 22-23

- Bullying & Social Media
- Communicating with Respect: How are you speaking?
- Creating a Safe Environment in Classrooms
- Elevating the Voices for Students of Color
- Healthy Relationship Building
- Introduction to Trauma-Informed Approaches
- My Anger: Am I in control?
- Positive Childhood Experiences
- Restorative Practices
- Sexual Trauma
- Stress: Live it, Love it, Let it go
- The Flip Side of Adversity
- The Prison System
- Trans-generational Trauma & Family Systems
- Trauma & Addiction: An individualistic approach
- Trauma for Parents, Caregivers and Educators: Practical understanding & approach
- Trauma in Childhood & Adolescents: Biological effects of childhood trauma
- Understanding Trauma in the Classroom
- Vicarious Trauma
- Vicarious Trauma & Systemic Stigma

STATE & FEDERAL GRANTS

ACTIVE GRANTS & GOVERNMENT CONTRACTS

GEAR UP Programs

Serving Two School Districts

\$7,949,147 over 7-year period
 TLC partners with Norristown Area School District and Pottstown School District to provide College & Career programming to three cohorts of students through the U.S. Department of Education grant.

STOP School Violence Programs

Serving Four School Districts

\$2,325,647 over 3-year period
 TLC partners with Camden City School District, Coatesville Area School District, Durham Public Schools, and Norristown Area School District to provide trauma-informed and restorative practices training, as well as threat assessment consultation services through the U.S. Department of Justice grant.

NEW GRANTS & GOVERNMENT CONTRACTS AWARDED

Mental Health Service Professional Demonstration

\$5,996,785 over 5-year period
 U.S. Department of Education grant to increase mental health providers in local education agencies in partnership with Eastern University

Violence Intervention & Prevention

\$2,500,000 over 2.5-year period
 Pennsylvania Commission on Crime & Delinquency (PCCD) grant to provide emergency mental health services to gunshot wound victims in partnership with Trinity Healthcare Network

American Rescue Plan Act (ARPA) Youth Behavioral Health

\$664,407 over 2-year period
 Pandemic Relief Rescue Funds to provide school-based creative art therapy services

American Rescue Plan Act (ARPA)

\$660,000 over 2.5-year period
 Pandemic Relief Rescue Funds to provide community-based creative art therapy services

Mental Health Safety & Security

\$593,955 over 2-year period
 PCCD grant that provides a variety of school-based mental health services

Justice Assistance Grant

\$250,000 over 2-year period
 PCCD grant to provide trauma-informed training to law enforcement personnel

CLIENTS & PARTNERS

We extend our gratitude to all of our clients and partners. Together, we further the mission of TLC through education, counseling, coaching, and consulting.



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TLC President & CEO

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