

FY 2021-2022 Impact Report

Last updated
January 2023



Positive choices.

Meaningful connections.

Transformational change.

(610) 277-3715
1100 Adams Ave.
Audubon, PA 19403



@TLCFamilyYouth
TheLincolnCenter.com
info@TheLincolnCenter.com



"In every moment lies a choice that could change your or someone else's life."



Vision & Mission

"We aim to transform lives and communities – one moment, one choice, one connection at a time."

"Through education, counseling, coaching, and consulting, we empower people to make positive choices, meaningful connections, and transformational change. "

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A special thanks to our clients and employees for a year of tremendous growth. Our clients continue to trust and choose us for education, counseling, coaching, and consulting services. Our employees are instrumental in making a difference in the lives of our clients. Our staff faithfully serve their clients; while our leaders, at every level in the organization, lead with humility and grace. Thank you all.



GT Freeman, PhD

President & CEO



TLC SNAPSHOT

A YEAR IN REVIEW

FY 2021-2022



ABOUT US

THE LINCOLN CENTER (TLC) for Family and Youth is a social enterprise company serving the Greater Philadelphia Area. Founded in 1970 by a behavioral health hospital, TLC is an entrepreneurial nonprofit providing innovative education, coaching, and counseling services to individuals and families, as well as grant writing and management services for school districts and universities.

CONTACT US

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TLC OVERVIEW

SCHOOL-BASED SERVICES

60 School-based Staff
27 New Positions Filled in 21/22
40 Schools Served

COMMUNITY-BASED SERVICES

203 Total Victims of Crime Clients
117 Total Children & Youth Services Clients

TLC LEADERSHIP ACADEMY

92 Students
4:1 Student to Staff Ratio
100% Educational Goal Improvement

TLC EDUCATION INSTITUTE

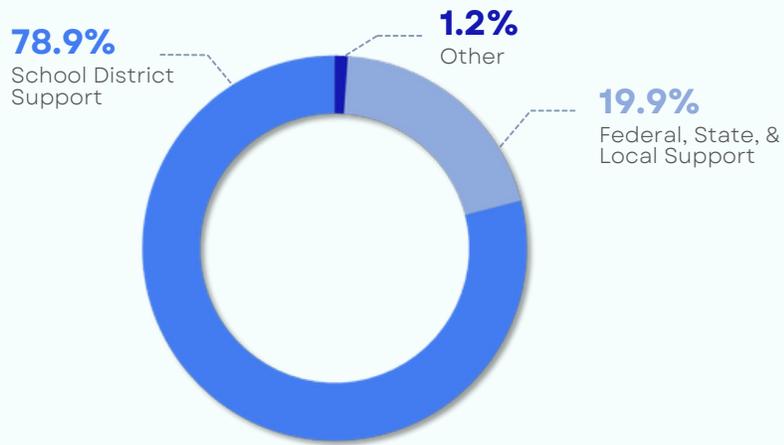
55 Direct Training Hours
1,009 Individuals Served

FINANCIAL REPORT

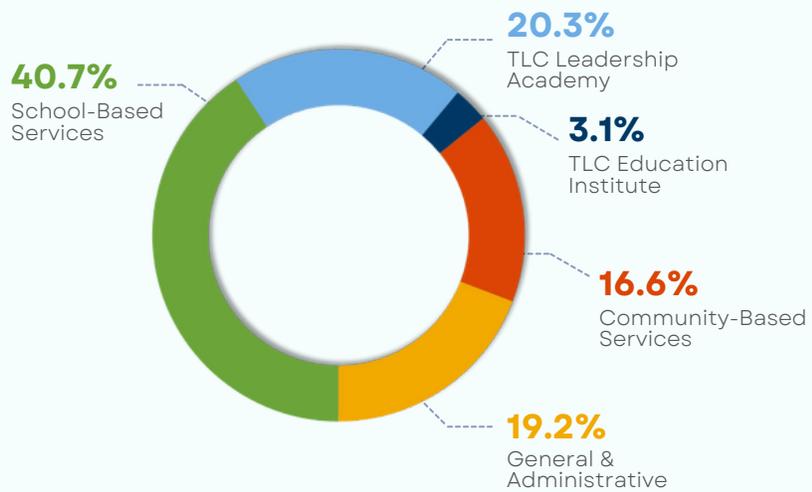
FY 2021-2022



Program Support
\$6,694,257
FY2022



Program Expenses
\$6,589,210
FY2022



Program Support & Expenses

	2022	2021
Program Support	\$6,694,257	\$5,374,511
Program Expenses	\$6,589,210	\$5,495,690



SCHOOL-BASED SERVICES



TLC serves students in various school districts throughout the Greater Philadelphia Area by placing mental and behavioral health professionals in public schools. These professionals, including social workers, counselors, coaches, behavior specialists, and school psychologists, provide in-school services to students facing anxiety, depression, substance abuse issues, and/or the effects of past or current trauma.

60 Total staff

27 New positions filled in 21/22

40 Schools served

Positions Filled

- Board Certified Behavior Analyst
- College & Career Coach
- Crisis Intervention Counselor
- Licensed Social Worker
- Positive Behavior Coach
- Registered Behavior Technician
- School Climate Specialist
- School Counselor
- School Psychologist



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Community-Based Services

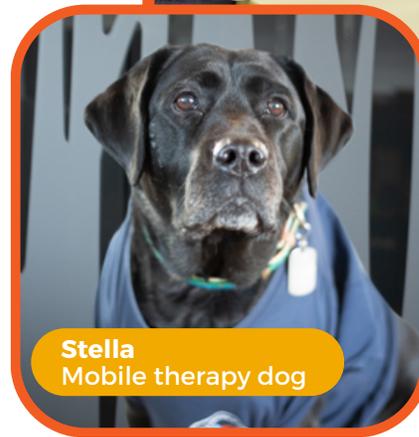
Heather's Hope: A Center for Victims of Crime

The Lincoln Center for Family and Youth (TLC) offers counseling services specifically for people affected by crime. Heather's Hope: A Center for Victims of Crime offers mobile counseling, case management, and art therapy services to all ages.



Children and Youth Services

TLC's Children and Youth Services partners with the Office of Children and Youth (OCY) to provide the following services: case management; drug and alcohol; family strengthening; and homemaker and hoarding.



Stella
Mobile therapy dog

CLIENTS REACHED

203

Total Victims of Crime Clients

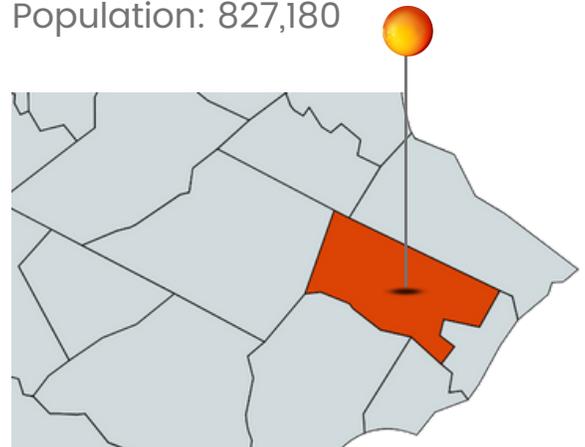
117

Total Children & Youth Services Clients

2,464

Total Children & Youth Contact Hours

Serving Montgomery County, PA
Population: 827,180





92 STUDENTS
2021-2022
School Year



April Thomas, M.Ed.
Chief Schools Officer

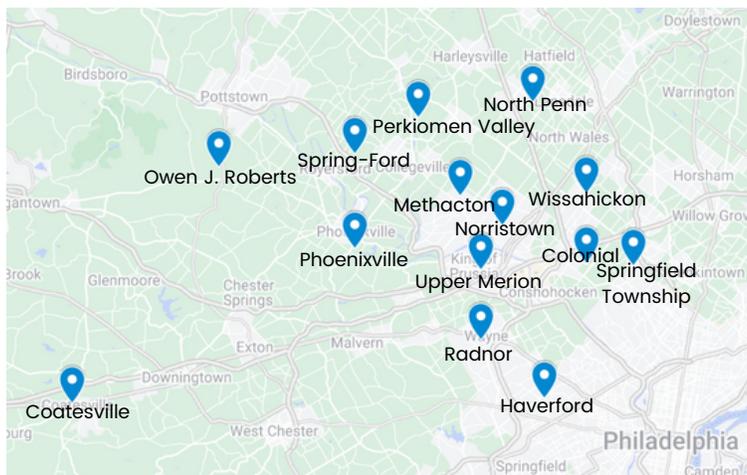
"Students who attend TLC are better able to regulate emotions, advocate for themselves when feeling anxious, depressed, angry, or in need of support. Ultimately, students leave us with the ability to navigate their lives and the world around them despite the challenges that arise or persist in their personal journeys."

4:1 Student to Staff Ratio

100% Educational Goal Improvement

\$24,000 in Scholarships Awarded

Current School Districts



[Register Now](#)

TheLincolnCenter.com

More Info: (610) 277-3715 @TLCFamilyYouth

TLC Education Institute

Training Solutions



Providing comprehensive trainings that examine the impact of trauma on individuals, families, and systems.

TLC provides tailored training programs to meet the individual needs of your team, agency, school, or corporation.

These presentations include scholarly peer-reviewed research and applications that apply directly to your organization's needs.

1,009

**Individuals
Served**

55

**Direct Training
Hours**

Current Clients

- Coatesville Area School District
- Durham Public Schools (North Carolina)
- Norristown Area School District
- Russell Byers Charter School
- UPMC Pinnacle & York County Staffing

TRAININGS PROVIDED IN FY 21-22

- Transgenerational Trauma & Family Systems
- Advanced Vicarious Trauma Techniques & Applications
- Modeling Healthy Relationship Building for Trauma in Schools
- PTSD Chaos Cycles in School Systems
- Restorative Practices & Adverse Childhood Experiences
- Sexual Trauma: Behavior, Boundaries & Attachment
- The Prison System: Children of Incarcerated Parents
- Trauma & Addiction: An Individualist Approach
- Trauma for Parents, Caregivers & Educators
- Trauma in Childhood & Adolescents
- Vicarious Trauma in Systems
- Towards No Drug Abuse: Active Listening; Chemical Dependency; Myths & Denial; Self-Control; Stereotyping; Stress Health & Goals

STATE & FEDERAL GRANTS

FY 2021-2022

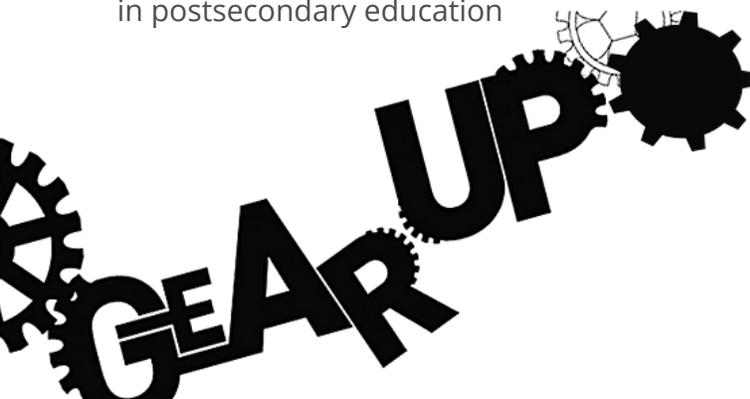
Gaining Early Awareness & Readiness for Undergraduate Programs (GEAR UP)

PA GEAR UP (NASD)

\$2,804,000 over 7-year period
PA State grant to provide Norristown Area School District students with the necessary services in order to succeed in postsecondary education

PA GEAR UP (PSD)

\$2,458,397 over 7-year period
PA State grant to provide Pottstown School District students with the necessary services in order to succeed in postsecondary education



GRANTS & GOVERNMENT CONTRACTS AWARDED

STOP School Violence

Coatesville, PA

\$1,000,000 over 3-year period
Department of Justice (DOJ) grant to help with students in the Coatesville Area School District

STOP School Violence

Durham, NC

\$1,000,000 over 3-year period
Department of Justice (DOJ) grant to help with students in Durham Public Schools

Project Towards No Drug Abuse

\$76,722 for 1 year
PCCD grant that provides an interactive program designed to help high school youths (ages 14-19) resist substance abuse

MontcoStrong Non-Profit Resiliency Grant Program

\$35,000
Montgomery County grant to support school operations



TESTIMONIALS

"The Lincoln Center helped me to achieve my goal of graduating high school and prepared me for my life outside of school.

I use the skills that the counseling staff has taught me in my everyday life, even now. They inspire the students to achieve their dreams and cater to every individual's specific educational needs."

- Former Student

"I have worked with the staff at The Lincoln Center for over 3 years in a couple of capacities and have found EVERYONE to be highly committed to their mission and dedicated not only to the Lincoln Center but (more importantly) to the kids they serve. Quality people all around."

- Community Partner

"The Lincoln Center helped me so much and it was an amazing program. The therapists were outstanding, and I definitely was able to get the one on one attention that I needed. I never thought I would graduate high school, and with the help of the Lincoln Center I not only graduated but have gotten my life onto the right track and am even attending college! Would definitely recommend this organization to family and friends. The staff are all a bunch of great people as well!"

- Former Student

TLC'S MISSION

Through education, counseling, coaching, and consulting, we **empower people to make positive choices, meaningful connections, and transformational change.**

TLC'S VALUES

AUTHENTIC ENGAGEMENT

We value each client and student enough to connect with genuine care and without judgment, modeling healthy interaction in a safe space.

MEANING MAKING

We believe each life is significant, and we seek to help each client and student find meaning in their choices, appreciate their progress, and become intentional in their identified purpose.

PERSONALIZED SUPPORT

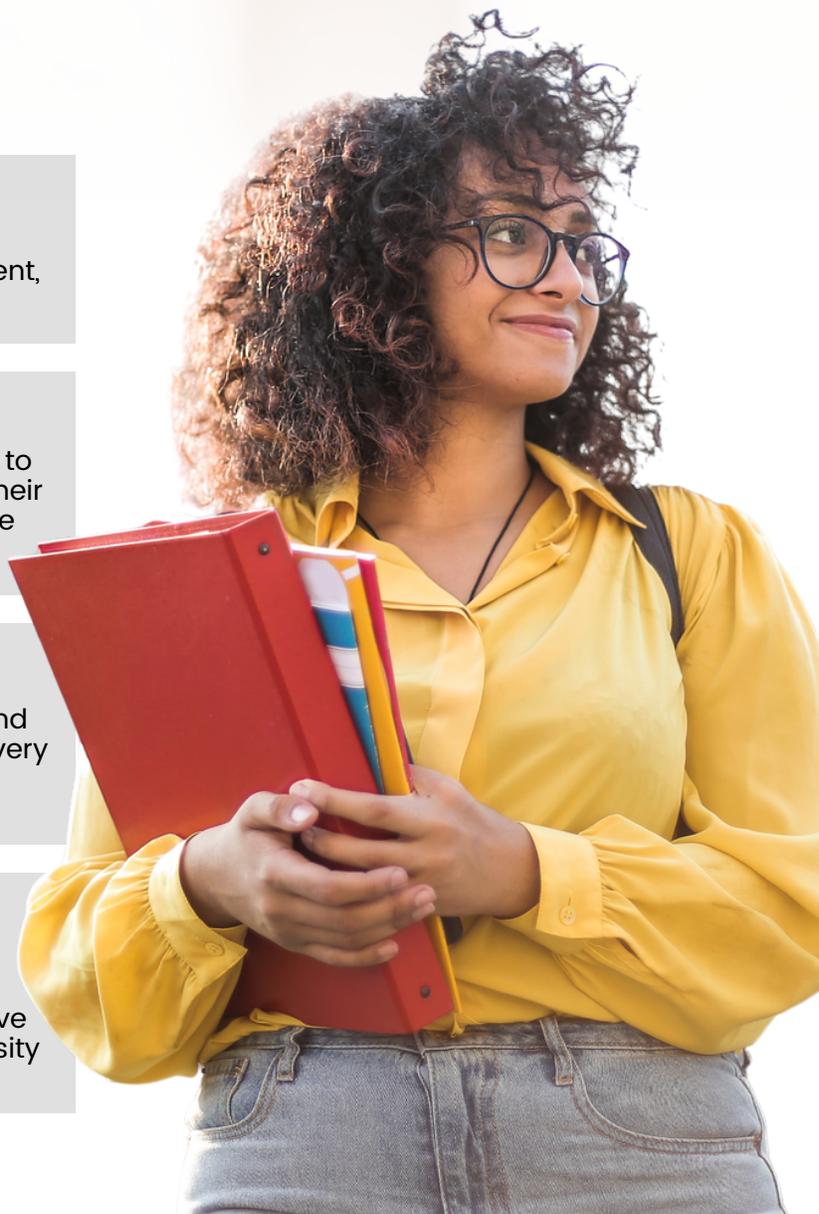
We adjust our approach to the needs, goals, and strengths of each human being we serve, so every client and student feels safe and able to grow, learn, and heal.

STIMULATED CURIOSITY

We strive to empower clients and students to become more connected to the world around them, challenging them to think about and solve problems in new ways, and encouraging curiosity about themselves and others.

TLC'S VISION

We aim to **transform lives and communities** – one moment, one choice, one connection at a time.



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TLC President & CEO

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